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| Red/Black Belt Progress Sheet | **Belt Promotion Recommended** |  |
| **Student Name:** |  | **Promotion Date:** | **B** |  |
| **Techniques** | **Inst** | **Completed** | **Student Test Sheet** |
| **RED/BLACK BELT** |  |  | **B** |  |  |  |  |  |  |  |  |  |  |  |  |
| **Masking the Bear** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Unwinding Cobra** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Attacking Snakes** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Mimicking the Monkey** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Taking out the Trash** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Attacking Panthers** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Mass Attack** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Pressing the Bear** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Dueling Dragons** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Twin Mantis** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Kata Hurricane** | **Inst** | **Completed** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Salutation** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Part #1** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Wall #2** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Wall #3** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Wall #4** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Red/Black Drills** | **Inst** | **Completed** |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Knife Flow Set 3** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Iaido 1****Sword Cutting** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **Ground 9** **Jiu-Jitsu** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **Kali 9** **Stalking** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **Ninjutsu 3****Taijitsu 3** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **Terminology 9** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |