|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Advanced Red Belt Progress Sheet | | | | | | **Belt Promotion Recommended** | | | |  |
| **Student Name:** |  | | | **Promotion Date:** | | | | **RB** |  | |
| **Techniques** | **Instructor** | | **Completed** | **Student Test Sheet** | | | | | | |
| **Advanced Red** |  | |  | **R** | **B** | | **NOTES:** | | | |
| **Crushing Day** | |  |  |  |  | |  | | | |
| **Dropping the Bomb** | |  |  |  |  | |  | | | |
| **Twister** | |  |  |  |  | |  | | | |
| **Ripcord** | |  |  |  |  | |  | | | |
| **Entangled Web** | |  |  |  |  | |  | | | |
| **Spinning Destruction** | |  |  |  |  | |  | | | |
| **Impaling Palm** | |  |  |  |  | |  | | | |
| **Circling Doom** | |  |  |  |  | |  | | | |
| **Breaking the Cycle** | |  |  |  |  | |  | | | |
| **Stretching the Truth** | |  |  |  |  | |  | | | |
| **Kata Cyclone** | **Instructor** | | **Completed** |  |  | |  | | | |
| **Salutation** |  | |  |  |  | |  | | | |
| **Part #1** |  | |  |  |  | |  | | | |
| **Wall #2** |  | |  |  |  | |  | | | |
| **Wall #3** |  | |  |  |  | |  | | | |
| **Wall #4** |  | |  |  |  | |  | | | |
| **Adv. Red Drills** | **Instructor** | | **Completed** |  |  | |  | | | |
| **Knife Flow Set 2** |  | |  |  |  | |  | | | |
| **Spear Set** |  | |  |  |  | |  | | | |
| **Ground Set 8**  **Jiu-Jitsu** |  | |  |  |  | |  | | | |
| **Kali 8 Sumbrada 3&4** |  | |  |  |  | |  | | | |
|  | |  |  |  | |  | | | |
| **Ninjutsu 4**  **Taijutsu 2** |  | |  |  |  | |  | | | |
|  | |  |  |  | |  | | | |
| **Terminology 8** |  | |  |  |  | |  | | | |