|  |  |  |
| --- | --- | --- |
| Advanced Red Belt Progress Sheet | **Belt Promotion Recommended** |  |
| **Student Name:** |  | **Promotion Date:** | **RB** |  |
| **Techniques** | **Instructor** | **Completed** | **Student Test Sheet** |
| **Advanced Red** |  |  | **R** | **B** | **NOTES:** |
| **Crushing Day** |  |  |  |  |  |
| **Dropping the Bomb** |  |  |  |  |  |
| **Twister** |  |  |  |  |  |
| **Ripcord** |  |  |  |  |  |
| **Entangled Web** |  |  |  |  |  |
| **Spinning Destruction** |  |  |  |  |  |
| **Impaling Palm** |  |  |  |  |  |
| **Circling Doom** |  |  |  |  |  |
| **Breaking the Cycle** |  |  |  |  |  |
| **Stretching the Truth** |  |  |  |  |  |
| **Kata Cyclone** | **Instructor** | **Completed** |  |  |  |
| **Salutation** |  |  |  |  |  |
| **Part #1** |  |  |  |  |  |
| **Wall #2** |  |  |  |  |  |
| **Wall #3** |  |  |  |  |  |
| **Wall #4** |  |  |  |  |  |
| **Adv. Red Drills** | **Instructor** | **Completed** |  |  |  |
| **Knife Flow Set 2** |  |  |  |  |  |
| **Spear Set** |  |  |  |  |  |
| **Ground Set 8** **Jiu-Jitsu** |  |  |  |  |  |
| **Kali 8 Sumbrada 3&4**  |  |  |  |  |  |
|  |  |  |  |  |
| **Ninjutsu 4****Taijutsu 2** |  |  |  |  |  |
|  |  |  |  |  |
| **Terminology 8** |  |  |  |  |  |